



Our mission: VOA Illinois supports individuals, families, and communities who need it most, when they need it most. Since 1896, VOA Illinois has been there to make an immediate, tangible impact for the people we serve in our communities.

## CONTACT US

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## VOA ILLINOIS

### SSG Fox Veteran SPACES

Partnering with service members, veterans, and their families for a brighter tomorrow



## SPACES

At VOA Illinois, we are committed to creating lasting solutions, support networks, and purpose in partnership with those who are at risk of suicide. Through the SSG Fox SPGP, we provide Suicide Prevention and Community Education Services or SPACES. We provide SPACES for healing, growth, and connection. SPACES that build new purpose, foster comradery, and provide foundational skills for brighter tomorrows.

In the VOA Illinois SSG Fox Veteran SPACES program, we partner with those we serve to build long-term supports that act as protective factors from suicide risk while simultaneously reducing suicide risk factors.



## SERVICES WE PROVIDE

- All Services are available in Cook and Will Counties, IL and Lake and Porter Counties, IN
- Case Management
- Veteran Peer Support
- Support Groups
- Community Education
- Referrals to Counseling and Therapy
- Assistance in navigating VA healthcare system
- Referrals and assistance accessing
  - Legal Resouces
  - Housing Supports
  - Employment Training
  - Benefits Navigation
  - Income Supports
  - Transportation Assistance
  - Child Care Assistance
  - Social Support Groups
  - Substance Use Disorder Recovery Programming

## COMMUNITY EDUCATION

The VOA Illinois SSG Fox Veteran SPACES program provides suicide prevention education to community members and organizations with the overall goal of creating a more aware community that is able to recognize the signs and symptoms of suicidal ideation and react appropriately to connect at-risk individuals to immediate assistance.

We provide certified safeTALK suicide prevention training to groups by request. If you or your organization are interested in participating, please contact us directly at [VeteranSPACES@voail.org](mailto:VeteranSPACES@voail.org) to inquire about upcoming course opportunities.

