HERO 2 HERO Program

HERO 2 HERO is a comprehensive, highly individualized program delivered by Volunteers for Veterans who are struggling or in crisis in any number of life domains.

The purpose and structure of the program is to meet Veterans where they are PHYSICALLY, EMOTIONALLY, and PSYCHOLOGICALLY.

Our program seeks to ensure successful outcomes without creating additional burdens or barriers for Veterans. The program can be used to help increase the Veterans participation in multiple services for more acute situations or as a stand-alone support for Veterans who can’t or won’t engage in other services or interventions.

Our Veteran Peer Support Specialists are able to customize a support plan that is unique to their circumstances by being proportionate to both their level of desired support and the other pressures they are balancing in their life. The support can focus on more tangible issues like connecting the Veteran to needed resources or more complex issues like confronting the effects of Moral Injury.

The HERO 2 HERO program utilizes Veterans who are formally trained in both Peer Support and Moral Injury Repair.

Our program is the only Veteran Peer Support Program that is MORAL INJURY INFORMED AND MORAL INJURY RESPONSIVE.

HELPING VETERANS

47 West Polk Street, Suite 250-2
Chicago, IL 60605

Our office hours are Monday–Friday from 9:00 a.m.–5:00 p.m.

Phone: 312-564-2300
press 0 to reach our receptionist.

24-Hour Assistance: 773-495-9070
Fax: 312-564-2301

www.voaillinois.org

Design: Lidia Vareano Design
Our services provide:

**STABLE HOUSING**
- Move Veterans from homelessness to homefullness (high quality, stable housing that gives Veterans a safe place to belong)
- Prevent Veterans who are at-risk of losing their housing from becoming homeless

**STABLE INCOME**
- Assist Veterans in finding and sustaining meaningful employment that can provide stability and economic independence for the Veteran and their family
- Connect Veterans to VA benefits and other income supports
- Assist with the job search and placement process
- Provide professional development opportunities
- Provide financial literacy assistance to help support long-term financial stability

**LIFE SKILLS**
- Build life skills that are essential to a stable and productive life
- Provide coaching and support through life-changing transitions

**IMPROVED HEALTH AND WELLNESS**
- Address barriers such as untreated mental health challenges and substance abuse issues
- Provide counseling and clinical support
- Help Veterans identify and address the effects of Moral Injury

**IMPROVED SOCIAL NETWORKS**
- Assist in strengthening and rebuilding families and family relationships
- Build self-sufficiency and independence

We receive referrals from local VA Medical Centers, other service providers, vigorous street outreach, and word of mouth from Veterans currently receiving services.